



QU4RANTINE  
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**CHALLENGE WEEK 6**

TOPIC

**Rediscovering  
the christian  
faith in a  
world without  
foundations**



# WELCOME

## to the #QUARANTINEChallenge

A 40-day challenge that will lead you to find true life and help you rediscover your purpose through God's word.

*"Your word is a lamp to my feet  
and a light to my path."*

**Psalm 119:105 ESV**

The Bible is still as real today as ever and contains the answers for the greatest problems that anyone can face. What's more, it holds the power to transform hearts and bring us closer to the truth of God, that is the revelation of Jesus Christ.

*"In the beginning was the Word,  
and the Word was with God,  
and the Word was God.  
He was in the beginning with God.  
All things were made through him,  
and without him was not any thing made that was made.  
In him was life, and the life was the light of men.  
The light shines in the darkness,  
and the darkness has not overcome it."*

**John 1:1-5 ESV**

Jesus is the Word of God. What exactly does that mean? He is the Word, the very message of God for the world. Jesus is the expression of God's love, in human form for the whole world to know. That's why the Bible is focused on revealing who Jesus is, so that we can in turn understand who the Father is, who the Holy Spirit is which leads us to discover who I am.

I know that **you will finish this challenge totally transformed**, not because of anything special about the plan, but because of the power of the Word of God to transform. The next few weeks will be a time of being built up spiritually.

# What exactly does that mean?



# METHOD

We've prepared something a little different from a traditional Bible reading plan. Our heart is for everyone who starts to finish. That's why we've worked on the following areas for each day

## Reading Time

**±30 minutes**

**±210 verses per day** *(the number of chapters may vary)*

We observed that selecting the same number of chapters per day wasn't equitable enough nor was it the best approach. So we decided to focus on establishing the chapters according to the number of total verses for the day.

That means that you might read 6 chapters some days, while 4 in others, but always having a similar average of content based on verses.

## Reading Method

**Reading, meditating and writing down.**

It's important to find a 'distraction free zone' for your reading times. This will help you concentrate and get the most out of your reading. It's also gonna help you have that time and space to really meditate on the Word. Our goal is not only to read, but to meditate on the Word and put in paper all that God is speaking to our hearts.

- Living without the Word is the same as breathing without eating. Death is just a matter of time.
- Reading without meditating is the same as hearing without listening.
- Meditating without writing down your thoughts is condemning the revelations received to the land of forgetfulness.

This is why we read, meditate and write down God's words to our hearts.

**"Man shall  
not live by  
~~technology~~  
alone."**

## Resources

**A Bible, a notebook, a pen and an open heart.**

You can use a smartphone, tablet or something else if absolutely necessary. But having a physical Bible and notebook will help you develop a more effective discipline and stay free of distractions. "Man shall not live by technology alone."

**"break the  
normal  
routine  
of life and  
give you  
an oppor  
tunity to  
exercise  
your faith"**

## Challenges

**These will be included in every WEEKLY GUIDE.**

"Quarantine" contains different challenges to break the normal routine of life and give you an opportunity to exercise your faith, making the bible plan even more effective.

## Bible Plan

**The New Testament in 40 days.**

This Bible plan was designed to have a higher percentage of people starting and finishing the plan. A continuity in the number of daily verses along with intensive challenges might just be the solution to make this work.

All the updates regarding the plan will be made daily on social media through SOMOS UNO (@mcisomosuno) and our pastors accounts Lau (@lauguerra12) and Sara (@sarag12).

We invite you to share your experience and what God is speaking to you using the hashtag **#QUARANTINEchallenge**.

Thanks for being a part of the **QUARANTINE Challenge**.  
Let the games begin

# BIBLE PLAN

**DAY 38.** James 1-5

*27/04 Monday*

**DAY 39.** 1 Peter 1-5

/ 2 Peter 1-3

*28/04 Tuesday*

**DAY 40.** 1 John 1-5 / 2 John 1 /  
3 John 1 / Jude 1

*29/04 Wednesday*

# WEEK SCHEDULE

## FINAL CHALLENGE

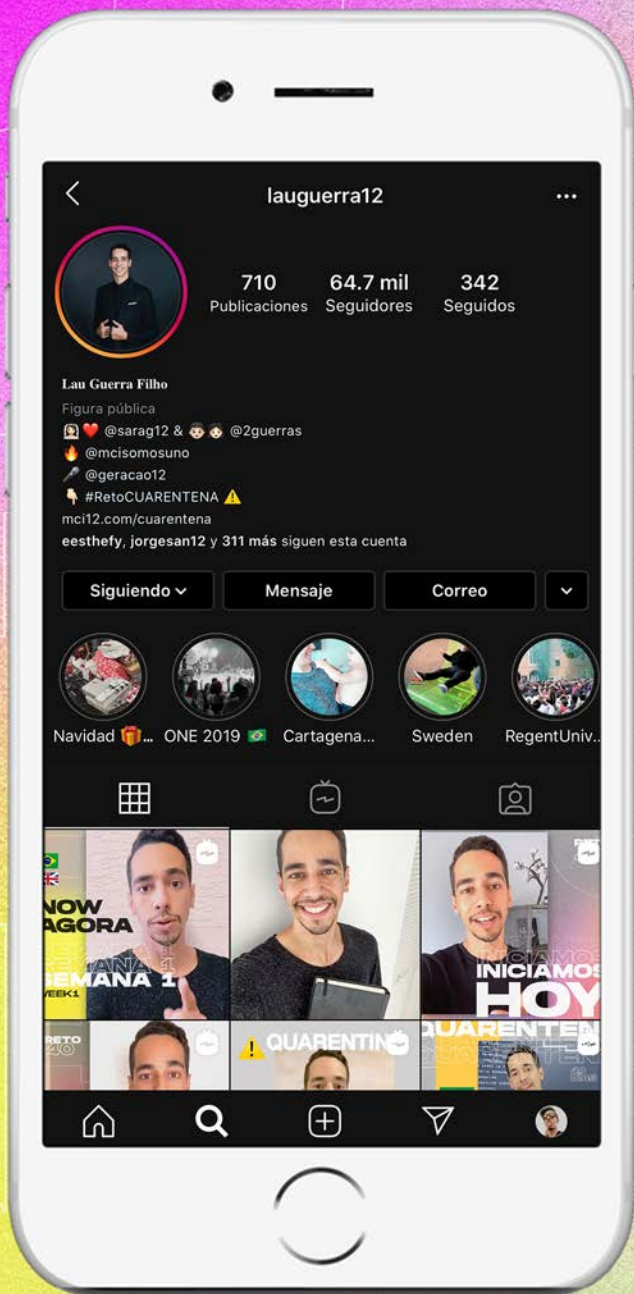
Record a 30 to 40 seconds video explaining what it meant to be a part of the **#QUARANTINEChallenge** for you. What do you feel having finished reading the New Testament in just 40 days? How has your life been impacted by it? What do you think about the Bible now?

We'll be posting in **@mcisomosuno** images you can use and share in your social media to celebrate this great accomplishment with all the other participants of the **#QUARANTINEChallenge!** 🙌🔥

## Congratulations!

Now He's sending you out in power!

News about what's head to come soon...



# IGTV

@LAUGUERRA12

TALKS ONLINE  
**QU4RANTINE**  
CHALLENGE 40 DAYS



**QU4RANTINE**  
CHALLENGE WEEK 6

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